

W/c: Summer Term 7/4, 28/4, 19/5, 16/6, 7/7 Autumn Term 01/09, 22/09, 13/10

MONDAY

Baked Sausages and Gravy Served with Creamed Potatoes and Fresh Seasonal Vegetables

TUESDAY

Chicken Italian or Chicken Korma Served with Noodles or Rice Green Beans / Carrots

WEDNESDAY

Home Baked Pizza Wedge (V) Served with Jacket Wedges or Creamed Potatoes Baked Beans/Peas

THURSDAY

Roast Beef, Yorkshire Pudding & Gravy or Roast Pork & Gravy Served with Roast Potatoes and Fresh Seasonal Vegetables
Home made Quiche (V) Served with the above selection of vegetables & potato

FRIDAY

Oven Baked Fish Served with Chipped Potatoes Baked Beans / Peas
Mediterranean Pasta (V) Served with the above selection of vegetables & potato

Cook's Choice

Monday, Tuesday, Wednesday are **Cook's Choice** days – please see below for details



Choice of freshly prepared salads and additional home baked bread available daily

Apple and Banana Crisp with Custard

Chocolate Sponge and Chocolate Sauce

Fruit Juice and Home-baked Biscuit

Oaty Fruit Crunch with Custard

Fruit Iced Smoothie

Plus a daily selection of Fresh Fruit, Yoghurt or Cheese and Biscuits – available as an alternative dessert

WEEK 1

W/c: Summer Term 14/4, 5/5, 02/6, 23/6, 14/7 Autumn Term 08/09, 29/09, 20/10

MONDAY

Pasta Bolognaise Served with Home-baked Herby Bread and Fresh Seasonal Vegetables

TUESDAY

Burger in a home-made Bap Served with Sauté Potatoes Baked Beans / Sweetcorn

WEDNESDAY

Chicken Mini Fillet Served with Jacket Wedges Green Beans / Carrots

THURSDAY

Roast Pork and Gravy or Roast Turkey Served with Roast Potatoes and Fresh Seasonal Vegetables

FRIDAY

Haddock Nibbles Served with Chipped Potatoes Baked Beans / Peas
Cheese & Bean filled Yorkshire Pudding (V) Served with the above selection of vegetables & potato

Cook's Choice

Monday, Tuesday, Wednesday are **Cook's Choice** days – please see below for details



Choice of freshly prepared salads and additional home baked bread available daily

Fruity Chocolate Cracknel

Vanilla Crunch and Custard

Fruit Salad or Fruit Platter

Banana Muffin with Custard

Fruit Crumble and Ice Cream

Plus a daily selection of Fresh Fruit, Yoghurt or Cheese and Biscuits – available as an alternative dessert

WEEK 2

W/c: Summer Term 21/4, 12/5, 09/06, 30/6, 21/7 Autumn Term 15/09, 06/10

MONDAY

Cod and Salmon Fishcake or Salmon Fillet Bites Served with Creamed Potatoes Baked Beans / Sweetcorn

TUESDAY

Home Baked Pizza (V) Served with Jacket Wedges Carrots / Beans

WEDNESDAY

Lasagne or Pasta Layer Twist Served with Seasonal Vegetables and homemade bread

THURSDAY

Roast Beef, Yorkshire Pudding & Gravy or Roast Pork & Gravy Served with Roast Potatoes and Fresh Seasonal Vegetables
Sweet Chilli Pasta (V) Served with the above selection of vegetables & potato

FRIDAY

Fish Fingers Served with Chipped Potatoes Baked Beans / Peas
Cheese & Potato Pie (V) Served with the above selection of vegetables & potato

Cook's Choice

Monday, Tuesday, Wednesday are **Cook's Choice** days – please see below for details



Choice of freshly prepared salads and additional home baked bread available daily

Chocolate Crunch and Chocolate Sauce

Fruit Salad or Fruit Platter

Fruit Iced Smoothie

Fruit Pie or Crumble and Custard

Fruit Muffin

Plus a daily selection of Fresh Fruit, Yoghurt or Cheese and Biscuits – available as an alternative dessert

WEEK 3

COOKS CHOICE (Monday, Tuesday and Wednesdays)

In addition to each day's main meal, a second option will be selected by your Cook*, such as:

- ★ Wraps, Pitta Pockets, Baguettes or Home Baked Rolls (with fillings such as tuna, egg mayonnaise, cheese, cheese & coleslaw)
- ★ Jacket Potatoes, (with baked beans, cheesy beans or one of the above fillings)

Please check with your school regarding the Cooks Choice, as some schools may prefer to offer just the hot options (rather than the filled bread choices detailed above). The Cooks Choice may not be available in smaller schools.

A hot non-meat option will be available each day.

